

# TALK, READ, SING

**DID YOU KNOW?**



**Did you know that hearing many words every day helps your child's brain grow?**

Just like your muscles get bigger when you exercise, the sound of words makes kids' brains grow stronger.

**Talk Read and Sing with your children all day every day.**

**The more words they hear, the better!**

**Talk about the things you are doing.**

When you are shopping, tell your child about the things you are buying. When you are folding clothes, say the color of a shirt, and say the name of each piece of clothing.

**Read out loud every day.**

Make reading fun by using fun sounds like: "mmm", "ouch", "uh-oh" or "boom-boom." Touch the pictures together.

Talk about the pictures or act them out. Ask questions about the story. Ask "what do you think will happen next?" or "where is the animal on the page?" Ask how the characters are feeling. Talk about lots of different feelings, like happy, sad, scared, excited or angry.

**Looking at a book together reduces stress and helps parents bond with their baby or child.**

**YOU ARE YOUR CHILD'S FIRST TEACHER.**



**WHAT DO YOU THINK WILL HAPPEN NEXT?**



**TALK READ SING**

**Talk, read, and sing with your children all day every day.** This will help reduce their stress, teach listening, and get them ready for school! The more words they hear the better.

Most kids like to read the same book every day, and that is great! Kids like to know what is going to happen next, so go ahead and read the same book every day.

**LET'S READ A BOOK!**



For babies, choose books with faces. Babies love faces!

With your older children, ask them to retell the story in their own words or they can even make up a new story!

You don't have to read the book, just looking at the pages and asking questions teaches kids to listen, helps them learn to talk, and reduces stress.

**What is one other way your child can hear more words every day?**

By singing! Singing is a great way for kids to hear new words. Plus, kids love words that rhyme - so find songs that have rhymes.



TALK, READ, SING

## TALK, READ, AND SING TOGETHER EVERY DAY!

**TIP:** Respond to your baby's first smiles, gurgles, and coos — she's talking to you and wants you to talk, too!



**TIP:** Hold and talk to your baby; smile and be cheerful while you do.



**TIP:** Read books to your baby every day. Praise him when he babbles and "reads" too.

**TIP:** When you read with your child, have her turn the pages. Take turns labeling pictures with your child.



**TIP:** Describe what your baby is looking at; for example, "red, round ball."

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